

# Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** Traveling by car is the only practical way to get to Salvation Picnic Area (gps: -33.6266, 151.258). Car: A park entry fee is required for driving into the park.

This is a return, so you will finish back at the start.

Find up to date and more information inleuding; travel directions, weather, park closures and walker feedback at <a href="http://wild.tl/yt">http://wild.tl/yt</a>

# 0 | Salvation Picnic Area

The Salvation Picnic Area is beside West Head Rd in the Ku-ring-gai Chase National Park, about 3.6km north of the intersection of West Head Rd and General San Martin Dr. The picnic area has three picnic benches and a car park. There are no other facilities. This is a convenient point to start/finish the nearby Salvation Loop, Wallaroo and Yeomans walks.

#### 0 | Salvation Picnic Area

(300 m 6 mins) From the 'Salvation Picnic Area' (on West Head Rd, about 3.6km north from the intersection with General San Martin Dr), the walk follows the road, crossing the bridge over Salvation Creek, leaving the picnic area on the right, and soon arrives at the northern trackhead of the 'Salvation Loop Track'.

## 0.3 | Salvation Loop north trackhead

(1.4 km 27 mins) Turn left: From the intersection, the walk follows the 'Salvation Loop Track', passing around a gate and along the management trail. The trail gently arcs to the left for some time, offering occasional views over the low, dense heath vegetation. The walk then arrives at the signposted intersection with the 'Walleroo Track'.

## 1.75 | Salvation Loop hanging swamp

The Salvation Loop hanging swamp is enclosed within the Salvation Loop Track, off West Head Rd in the Ku-ring-gai Chase National Park, about 3.6km north of the intersection of West Head Rd and General San Martin Dr. This area of hanging swamp (swamp formed in a depression on high ground, usually near a cliff) and wet heathland is dificult to see from the surrounding Salvation Loop track due to the drier, tall, dense heath vegetation surrounding it. It may, however, reward the patient, or lucky, observer with the plant and animal life associated with this habitat type, such as reeds and frogs.

## 1.75 | Alternate Route Int of Salvation Loop and Wallaroo

(2.2 km 38 mins) Continue straight: From the intersection, with the 'Walleroo Track' on the right, the walk follows the management trail to the west and soon swings to the right. The walk passes through an area of dense heath vegetation so there are only limited views away from the track. The track then passes around a gate and arrives at West Head Rd. Turn sharp left: From the intersection, the walk follows the road gently down the hill leaving the 'Salvation Loop Track' to the left and soon arrives at the 'Salvation Picnic Area'.

## 1.75 | Int of Salvation Loop and Wallaroo track

(1.7 km 37 mins) Turn right: From the intersection, the walk follows the 'Walleroo Track' arrow going up the hill. This section of the walk has some short, but steep, climbs and descents and soon offers some nice glimpses of Cowan Creek before reaching the intersection with 'Yeomans Track'.

## 3.41 | Int of Wallaroo track and Yeomans track

(1.5 km 28 mins) Continue straight: From the intersection, the walk follows the 'Yeomans Track' arrow gently down the hill on the management trail. After meandering along a relatively flat section, the management trail descends gently and ends at a rocky outcrop with glimpses of Yeomans Bay through the trees.

## 4.94 | Yeomans Track view

The Yeomans Track view is at the end of Yeomans Track off the Salvation Loop track and West Head Rd in the Ku-ring-gai Chase National Park. This viewpoint is an informal, unfenced lookout from a rock outcrop. You get limited views, through the trees, over parts of Cowan Waters, including Yeomans Bay.

# 4.94 | Optional sidetrip to Rocky outcrop at end of Yeoma

(80 m 2 mins) Turn sharp right: From the end of Yeomans Track, the walk follows an indistinct track keeping the distant Cowan creek waterways to the left, and soon comes to a large, open, unfenced rocky outcrop. At the end of this side trip, retrace your steps back to the main walk then Turn right.

# 4.94 | Yeomans rock outcrop

The Yeomans rock outcrop is at the end of Yeomans Track off the Salvation Loop track and West Head Rd in the Ku-ring-gai Chase National Park. The unfenced and unmarked area has some interesting textures in the rock and nice views of Cowan Waters, making it a good place to have lunch and explore, at the end of Yeomans Track.

